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### **Holy Living IN the Spirit**

Definitions in **bold letters** are from **Strong's** Exhaustive Concordance  
Other definitions are from **Webster's** Dictionary, 1828 Edition  
or Roget's Thesaurus – **February 26, 2012**

## **Galatians 5:18 – 6:10**

**Introduction:** This week's lesson is about the **FRUIT** that God wants to produce in the spirit of ALL humans. Here, and in Romans, chapters 7 and 8, Paul teaches that the **FRUIT he desires** can only be produced in the spirit of a person who has **BELIEVED** on Jesus (Yahshua).

**Galatians 5:16**, *This I say then, **Walk (live, deport [behave]) IN the Spirit, and ye shall NOT fulfil the lust (desire) of the FLESH.***

**Flesh defined 4561, sarx; flesh i.e. (by implication) human nature (with its frailties [phys. or MORALLY] and PASSIONS [the FEELING of the MIND; excitement, or agitation of MIND; as DESIRE, FEAR, grief, love, HATRED. EMOTIONS]).**

**Galatians 5:17**, *For the **FLESH (human nature [from Satan]) lusteth against the Spirit, and the Spirit against the flesh: and these are CONTRARY the one to the other: so that ye CANNOT DO the things that YE would (DESIRE).***

**Thought 1.** As we study this lesson, we'll see the people about whom he's speaking that **CANNOT** do what they "desire" are those **NOT** born again of God's (Yahweh's) Spirit. And in particular, those trying to **REMAIN under** the **LAW!**

**Galatians 5:18**, ***BUT if (SINCE) ye be LED (BE) OF the Spirit, YE are NOT UNDER the LAW.***

**Thought 1.** Moses, the children of Israel, and all of the obedient prophets/ prophetesses of old, were **"LED"** by God's Spirit, but were **still UNDER** the Law. This means the translators should **NOT** have chosen **"LED"** as the meaning of the Greek word here.

**Led defined 71, to lead; by implication, to BRING, -- BE (COME into EXISTENCE).**

**Romans 8:14** ...as many as are **led (BE)** by the Spirit of God, they are the **sons** of God.

**Thought 2.** So, to **"COME into EXISTENCE"** OF the Spirit means we're **NOT** under the **LAW!** It also means we **CAN** do whatever **"GOOD"**: ALL things, we **desire!** We do it through God (Yahweh) and through Christ! Jesus (Yahshua) brought in a New Covenant **AFTER** he **FULFILLED** the Old Covenant, which, as we know, is the **LAW.**

**Philippians 4:13, I CAN DO** ALL things through (BY) Christ which **strengtheneth me.**  
**Philippians 2:12-13**, Wherefore, my beloved, as ye have **always OBEYED**, not as in my presence only, but now much more in my absence, work out your own salvation with **FEAR** (reverence) and trembling. For it is **God (supreme [Highest] Divinity)** which

worketh **IN** you BOTH to **will (DESIRE)** and to **DO** of HIS good pleasure.

**Thought 3.** The belief Christians are tempted, and sin because they have TWO natures: “God’s nature” and “the FLESH”, is proved to be ERROR, since both, Adam and Jesus, had only ONE nature: God’s. Scripture teaches Adam sinned because he didn’t have a “good understanding” of the FEAR (reverence) of God (Yahweh).

**Psalm 111:10**, The **FEAR (reverence)** of the Lord (Yahweh) is the **BEGINNING** of wisdom: a **GOOD understanding** have all they that **DO** his commandments...

In Romans, chapter 8, Paul made it clear that believers have ONLY nature, Yahweh’s. In chapter 7, of Romans, Paul spoke of how it WAS with/”IN” the SIN nature, from Satan.

**Romans 7:1-5**, Know ye not, brethren, (for I speak to them that KNOW **the LAW**,) how that the **LAW** hath **dominion** OVER a man as long as **he liveth?** For the woman which hath a husband is bound by the **LAW** to her husband so long as he **liveth**; but if the **husband** be **DEAD**, she is **loosed** from the **LAW** of her husband. So then if, while her husband liveth, she be married to another man, she shall be called an adulteress: but if her **husband** be **DEAD**, she is **FREE** from that **LAW**; so that she is no adulteress, though she be married to another man. Wherefore, my brethren, ye also are become **DEAD to the LAW** by the **BODY** of Christ; that **YE** should be **MARRIED** to another, *even* to him who is raised from the DEAD, that we should bring forth **FRUIT** unto God.

For WHEN we **WERE** **IN the FLESH**, the motions of **sins**, which were by **the LAW**, did **WORK** in our members to bring forth **FRUIT** unto DEATH.

**Thought 4.** We plainly see that Paul is speaking of how it WAS under the LAW.

**Romans 7:7, 9**, What shall we say then? Is the **LAW** **sin**? God forbid. Nay, I had NOT known SIN, but **by the LAW**... ..For I was ALIVE without the law ONCE: but when the commandment came, **SIN revived**, and I died.

**Thought 5.** This is how it was as a very young CHILD BEFORE he knew right from wrong. But, he grew, and the sin nature became “active” in him to do wrong.

**Romans 7:10-14**, And the **commandment**, which was ordained to **LIFE**, I found to be unto **DEATH**. For SIN, taking occasion by the commandment, **deceived me**, and by it slew me. Wherefore **the LAW is HOLY**, and the commandment holy, and just, and good. Was then that which is **good** **made DEATH** unto me? God forbid. But **SIN**, that it might appear sin, working death IN ME by that which **is good**; that sin by the **commandment** might become exceeding sinful. For we know that the **law** is **spiritual**: but I am **CARNAL (unregenerate** [NOT regenerated { BORN anew; become Christian;}], **SOLD under SIN**.

**Thought 6.** To say, “CARNAL, SOLD under sin” makes it clear he’s speaking of BEFORE he was born again on the Damascus Road. To believe on Jesus is to receive the benefit of his BLOOD that “paid the price” to REDEEM us OUT of sin!

But, under the LAW, with the “SIN nature” IN him he did what he HATED. And in the midst of all this going on, he had to admit the LAW was good.

**Romans 7:15-25**, For that which **I DO** **I allow (understand)** NOT: for what I **would (DESIRE)**, that **DO I NOT**; but what I HATE, that DO I. If then **I DO** that which I **would (desire)** NOT, I consent unto **the LAW** that it is good. Now then it is no more I that DO IT, but **SIN** that dwelleth IN ME. For I know that IN ME (that is, in my **FLESH (human nature** [as a person NOT born again]), dwelleth NO good thing: FOR to will is present with me; but HOW to **perform that**

which is **good** I FIND NOT. For the good that I **would (desire)**, I do not: but the **evil** which I **would (desire) NOT**, that I **DO**. Now if I **DO** that I **would (desire) NOT**, it is no more I that **DO** it, but **SIN** that **dwelleth IN me**. I find then a **LAW**, that, when I **would (desire)** do **GOOD**, **EVIL** is present **WITH** me.

**Thought 7.** Next, he cries out because of the "CAPTIVITY" he's **IN**, under the **LAW**.

For I delight in the **LAW** of God after the inward man: But I **SEE** another **LAW** **IN** my members, **warring** against the **LAW** of my **MIND**, and bringing me into **CAPTIVITY** to the **LAW** of **SIN** which is **IN** my members. O **wretched man** that I am! who shall **deliver ME** from the **body** of this **death?** I thank God through Jesus Christ our Lord.

**Thought 8.** Being born again and put "IN Christ", he's **FREE** and things changed!

**Romans 8:1-2**, There is therefore **NOW NO condemnation** to them which are **IN** Christ Jesus, who **walk (LIVE) NOT after (together [in UNION with]) the FLESH**, but **after (together [in union with]) the Spirit**. For the **LAW of the Spirit of LIFE "IN** Christ Jesus" hath **MADE ME FREE** from the **LAW** of **SIN** and **DEATH**.

**NOTE:** The law ... as used here, has troubled the commentators, especially those who were concerned with removing the concept of **LAW from Christianity** and making it a system of "**faith alone**." Nevertheless, Paul here used exactly the same word that previously was applied to the Mosaic institution; and this affords dogmatic proof that there are indeed **RULES, REGULATIONS, COMMANDMENTS**, and ordinances connected with faith "IN Christ" that are in the fullest sense of that word, "**the law of God**."

**1 John 3:23**, And this is **his COMMANDMENT**, That we should **BELIEVE** on the name of his Son Jesus Christ, and **LOVE** one another, as **HE gave US COMMANDMENT**.

The **new system** of Christianity is here called "the **LAW** of the **SPIRIT** of **LIFE** **IN** Christ Jesus"; and, although a **LAW of liberty, deliverance, and freedom from bondage**, the **requirements** of it may **NOT** be ignored, but must be observed. Nor is this an isolated reference to Christianity in which such terminology is discovered. Paul himself wrote of certain persons who were spoken of as "**without law**," that is, **without MOSES' LAW**; but of the same persons, Paul said they were "**UNDER law to Christ!**" (1 Cor. 9:21). Thus, freedom from Moses' law does **NOT** mean **FREEDOM** from **the higher law "IN Christ"**. All people are under obligation to obey Christ. Paul called such obligations "**the law of Christ**" (Gal. 6:2); James called them "**the perfect law of liberty**" (James 1:25), "**the royal law**" (James 2:8), and "the law of liberty" (James 2:12). Thus, the very **GOSPEL** itself is "**a LAW**" that mortals are required to observe and obey upon **pain of ETERNAL CONDEMNATION** IF they neglect, refuse, or fail to do so (1 Peter 4:17; 2 Thessalonians 1:8, 9).

(Source: <https://www.studyight.org/commentaries/bcc/romans-8.html>)

**Romans 8:3-9**, For what the **LAW** could **NOT** do, in that it was **WEAK** through the **FLESH (human nature)**, God sending his own Son in the likeness of sinful flesh, and for sin, condemned **SIN** in the flesh: That the **RIGHTEOUSNESS** of the **LAW** might be fulfilled **IN** us, who **walk (LIVE) NOT after (together [in UNION with]) the FLESH**, but **after (together [in UNION with]) the Spirit**.

For they that are **after (together [in UNION with]) the FLESH do mind (set the affection on) the things of the FLESH (humans nature)**; but they that are **after (together [in union with]) the Spirit** the things of the Spirit.  
For to be **carnally minded** is **death**; but to be **spiritually minded** is **LIFE** and **peace**.

Because the **CARNAL (human nature) mind** is **enmity (hostility)** against God: for it is NOT subject to the LAW of God, neither indeed can be.

So then they that are **IN** the **FLESH** cannot please God. But ye are **NOT IN the FLESH** but **“IN” the Spirit,** if so be that the Spirit of God **dwell “IN you.”**

**Thought 9.** Notice WE are NOT in the FLESH! That means we do NOT have the FLESH nature at all! That means we have only God’s (Yahweh’s) nature: LIGHT! And in him is NO DARKNESS, which is speaking of the “Old nature” from Satan.

**Ephesians 5:8-11,** For ye **WERE** sometimes **darkness,** but **now** are ye **LIGHT** IN the Lord: WALK as children of LIGHT...

**1 John 1:5,** This then is the message which we have heard of him, and declare unto you, that God is **LIGHT,** and **IN him** is **NO darkness** at ALL.

**Galatians 5:19-21,** Now the **works (toil as an effort or occupation, deed, doing)** of the **FLESH** are manifest; which are these; **ADULTERY, FORNICATION, uncleanness, lasciviousness, Idolatry, WITCHCRAFT, HATRED, variance, emulations, wrath, strife, seditions, heresies, Envyings, murders, drunkenness, revellings, and such like:** of the which I tell you before, as I have also told you in time past, that they which **DO (accomplish [consummate {bring to completion;}])** such things shall **NOT inherit (be an heir to)** the kingdom of God.

**Thought 1.** All Christians need to know that SIN hardens our heart. And if WE get into it “habitually, to bring to completion” as outlined here, we will be back **IN UNBELIEF,** back **IN** spiritual DEATH. This has been Satan’s goal from the time we were born again.

**James 1:14-15** ...every MAN is tempted, when he is drawn away of his own lust, and ENTICED. Then when **lust (DESIRE)** hath conceived, it bringeth forth **SIN:** and **SIN,** when it is **finished (consummate [ACCOMPLISHED]),** bringeth forth **DEATH.**

**Hebrews 3:12-14,** Take heed, brethren, lest there be in any of you an **evil** heart of **UNBELIEF,** in **departing FROM** the living God. But exhort one another daily, while it is called To day; lest any of you **be HARDENED** through the **deceitfulness** of **SIN.** For we are made partakers of Christ, IF we hold the beginning of our confidence stedfast **unto the END...**

**1 John 5:16,** If any man see his brother sin a sin which is **NOT** unto **death,** he shall ask, and he shall give him life for them that **sin NOT** unto **death.** There is **A SIN** **unto DEATH:** I do not say that he shall pray for it.

**NOTE:** In case it should appear that any have committed the **irremissible** (that cannot be forgiven) **blasphemy** against the Holy Ghost, and the total APOSTASY (total desertion of departure from one's FAITH) from the illuminating convictive powers of the Christian religion, it should seem that they are NOT to be **prayed for at all.** (Source: <https://www.studylight.org/commentaries/mhm/1-john-5.html>)

**Matthew 12:31-32,** Wherefore I say unto you, All manner of **SIN** and **blasphemy** shall be forgiven unto men: but the **blasphemy against the Holy Ghost** **shall NOT** be **FORGIVEN** unto men.

**Thought 2.** First, a person has to KNOW the Holy Ghost to speak against him.

**Hebrews 6:4-6,** For it is **IMPOSSIBLE** for those who were **ONCE enlightened,** and have TASTED of the heavenly gift, and were MADE **partakers of the Holy Ghost,** And have tasted the good word of God, and the powers of the world to come, **IF** they shall **fall away (apostatize [renounce totally a religious BELIEF once professed]),** to renew them **AGAIN** unto **REPENTANCE...**



**Galatians 5:22-23**, But the FRUIT of the Spirit is love, joy (cheerfulness, i.e. calm delight:-gladness [happiness]), peace, **LONGSUFFERING**, gentleness, goodness, FAITH, **Meekness (humility)**, **temperance (self-control)**: against such there is no law.

**Longsuffering defined 3115, longanimity** (disposition to ENDURE long under offenses), i.e. (obj.) forbearance (1. restraint of passions 2. The exercise of patience) or (subj.) **fortitude** (the source of genuine courage or fearlessness in danger, of patience in suffering, of forbearance under injuries, and of **MAGNANIMITY** in all conditions of life.).

Magnanimity, greatness of mind; that elevation or dignity of soul, which encounters danger and trouble with tranquility and firmness, which raises the possessor above **REVENGE**, and makes him delight in acts of benevolence, which makes him disdain (have no desire for) injustice and meanness, and prompts him to sacrifice personal ease, interest and safety for the accomplishment of useful and noble objects.

**Thought 1.** In the Greek, there is only one word for "spirit." And in verse 22, "Spirit" is capitalized because the belief is this is the fruit of the Holy Spirit. But, from John 15, we see Christians are the **branches** that bear the spiritual fruit. So, we have to study the verses for context where the word "spirit" appears to know its meaning.

**Romans 1:22**, But now being made FREE from SIN, and become servants to God, YE have your **FRUIT** unto **HOLINESS**, and the END **everlasting LIFE**.

**Galatians 5:24**, And they that are Christ's have **crucified (to impale on the cross) the FLESH** with the **affections (emotion or influence)** and **lusts (desire)**.

**Thought 1.** As we see from this verse, it's not a matter of any Christian having to crucify the FLESH. We HAVE already crucified the FLESH: our OLD NATURE: the OLD MAN.

**Galatians 5:25**, If (since) we **live (ALIVE)** in (through) the Spirit, let us also **WALK in (by [through]) the Spirit**.

**Walk defined 4748, (to range in regular line); to march in (military) rank (keep step), i.e. (figuratively) to conform to virtue** (MORAL goodness, excellence) and **PIETY** (in principle, is a compound of veneration or reverence of the Supreme Being and love of his character, or veneration accompanied with LOVE).

**1 Corinthians 9:25-27**, And every man that striveth for the mastery is **temperate (exercise self-restraint)** in ALL things. Now they do it to obtain a corruptible crown; but we an incorruptible. I therefore so run, not as uncertainly; so fight I, not as that beateth the air: But **I KEEP under** my body, and **bring** it into subjection: lest that by any means, when I have preached to others, I myself should be a **castaway**."

**Galatians 5:26**, Let us NOT be desirous of **vain glory**, **provoking one another**, **envying one another**.

**NOTE:** Vain-glory and **jealousy** are TWO of the fundamental fleshly lusts, especially degrading and unbecoming in the church of Jesus Christ. Nothing that anyone is or has is of himself, but of God. As Russell said: `Even Jesus said, `The Son can do nothing of himself Jn 5:19). (Source: <https://www.studylight.org/commentaries/bcc/galatians-5.html>)

**Galatians 6:1**, Brethren, if a man be overtaken in a fault, ye which are **SPIRITUAL**, restore such an one in the spirit of **meekness (humility)** considering thyself, lest thou also be tempted.

**Spiritual defined 4152, non-carnal, i.e. religious** (pious; godly; loving and reverencing the Supreme Being and OBEYING his precepts).

**Galatians 6:2, BEAR** ye one another's **burdens** (pressure; as the weight of grief, weight of care), and so **FULFIL** the **LAW** of Christ.

**Bear defined 941, (through the idea of REMOVAL); to lift, lit. or fig. Carry, take up.**

**John 13:34**, A new **commandment** I give unto you, That ye **LOVE** one another; **AS** (like) I have **LOVED** you, that ye also **LOVE** one another.

**Galatians 6:3**, For if a man *think* himself to be **something**, when he is **nothing** (no importance; NO VALUE; **no USE**.), he **deceiveth** himself.

**1 Corinthians 13:2** ...though I have the gift of prophecy, and understand all **mysteries**, and all knowledge; and though **I have** all **FAITH**, so that I could remove mountains, and **have NOT charity (LOVE)**, I am **NOTHING** (no value; NO USE).

**Galatians 6:4-5**, But let every man **prove (examine)** his **own work**, and then shall he have rejoicing in himself alone, and not in another. For every man shall **bear (carry)** his own **burden**.

**NOTE:** Let him examine himself and his conduct by the words and **example** of Christ... The only rule for a Christian is the word of Christ; the only **PATTERN** for **his imitation** is the example of Christ.

**Every man shall bear his own burden** - All must answer for themselves, NOT for their neighbors. (Source: <https://www.studylight.org/commentaries/acc/galatians-6.html>)

**1 Corinthians 11:1**, Be ye **followers (imitator)** of ME, even as I also am of **Christ**.

**Galatians 6:6**, Let him that is **taught** in the WORD **communicate (distribute [give in charity])** unto him that **teacheth** in all good things.

**NOTE:** ...that is, such as are under their instructions ought to impart of their worldly substance to them, for their honourable and comfortable support and maintenance... especially since it is the will and ordinance of Christ, that they that preach the Gospel should live of it. (Source: <https://www.studylight.org/commentaries/geb/galatians-6.html>)

**Galatians 6:7-8**, Be **NOT deceived**; God is **not mocked**: for whatsoever a man (human being) soweth, that shall he also reap. For he that soweth to his **flesh (human nature [with its desires, etc. {the old man}])** shall of the **flesh** reap **corruption (DEATH)**; but he that soweth to the Spirit shall of the Spirit **reap LIFE** everlasting.

**Thought 1.** The question to ALL human beings is to what are they sowing? To NOT obey God's command to believe on Jesus (1 Jo. 3:22-23) and do things pleasing to God, is to live satisfying the desires, etc. of the nature with which humans were born. But to believe on Jesus, and continue to believe: "keep the faith" unto the end is to reap **LIFE** everlasting.

**2 Timothy 4:7**, I have fought a good fight (*fight of faith*)... .. I have **KEPT** the **FAITH**.

**Hebrews 10:35**, **Cast NOT away** therefore your **confidence (assurance [BELIEF, profession of FAITH])**, which hath great recompence of **REWARD**.

**Galatians 6:9-10**, And let **US NOT** be **WEARY** in **WELL DOING**: for in **due season** we shall **REAP**, IF we **faint** (give up labor) NOT. As we have therefore opportunity, let us **DO good** unto **ALL men**, **especially** unto them who are of the **household (FAMILY)** of **FAITH**.

**Thought 1.** Our Father appreciates the work we do and is NOT unrighteous to forget it.

**Hebrews 6:10**, For God is **NOT unrighteous** to **forget** YOUR work and **LABOR of love**, which ye have showed toward his name, in that ye have ministered to the saints...